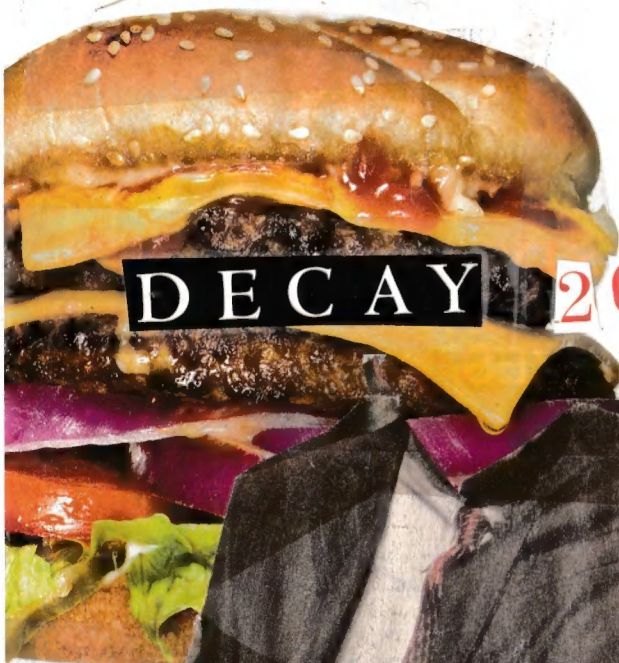


FEBRUARY NEW HEARTS NEW BONES #3

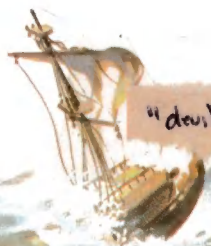
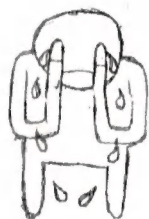
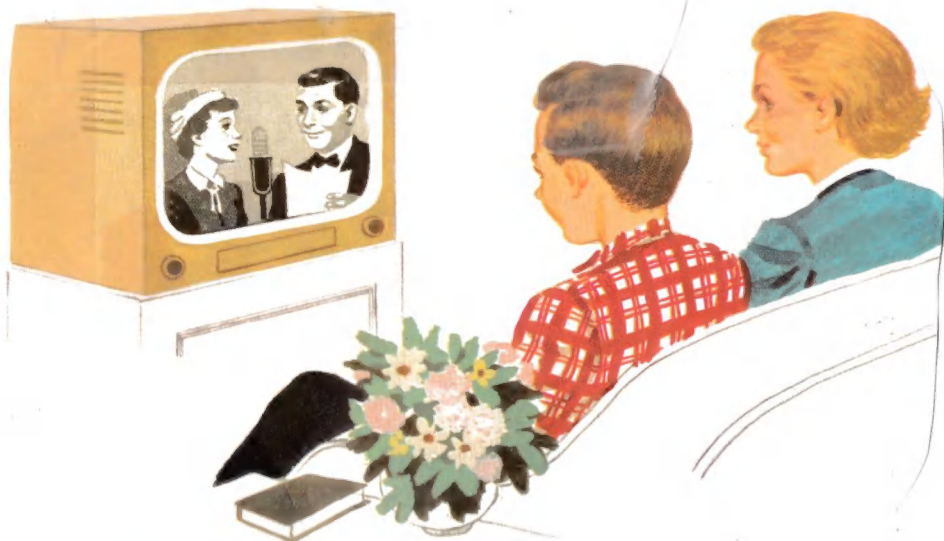
A WINTER TREAT



DECAY 2011

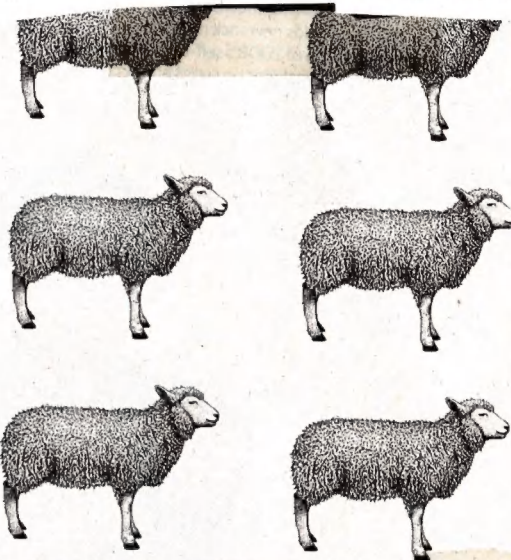


WHEN A TV CAN ADJUST TO A
DIFFERENCE IN LIGHT, LIFE'S GOOD.



"devils lie in the hearts of men".

Feed Your Head



2



I AM TRYING TO GET OUT OF THE CAGE IS ME
THIS IS THE WORST REALIZATION I HAVE EVER HAD.

★ "When panic grips your body / and your heart's a hummingbird / Raven thoughts blacken your mind / Till you're breathing in reverse / All your friends and sedatives mean well / But make it worse / Every Reassurance just magnifies the doubt / Better find yourself a place to level out.

Gotta cricket for a conscience - Always looks the other way / A cocaine soul starts steaming like an empty cabaret - Hey, where have all the dancers gone? Now the music doesn't play

Tried to listen to the river
but I couldn't shut my mouth
Better take a little time
to level out"

"JUST GIVE ME
SOME MORE"



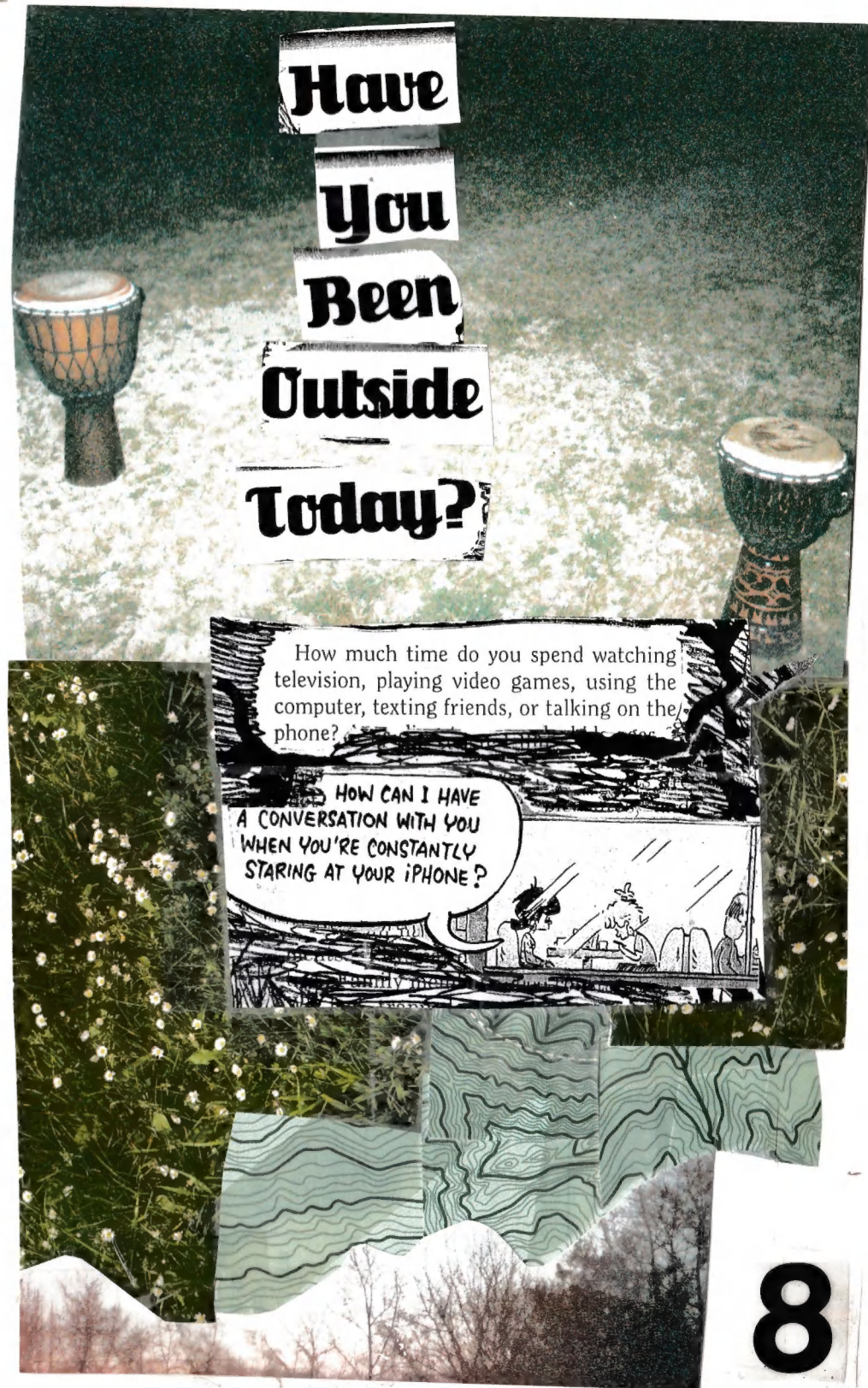
"No quiet it's neither heaven nor space, it's just high / And the ring around the moon looks like light and love / Neither of which I get enough of - down there where alot of people lie, in a deep sleep / And months 'on end go by, in a single week-down there / But much too slow

Can't you see I'm trying so hard to plug up this hole / The Air is running out we're sinking much too low"

"I DONT CARE ABOUT YOU ANYMORE
I DONT CARE ABOUT YOU TRY
NOT TO THINK ABOUT YOU I DONT
CARE ABOUT YOU ANYMORE TH
ANK GOD THAT LIFE IS SO LONG AN
D THE CITY IS SO BIG I DONT TH
INK ABOUT YOU
TRY NOT TO
THINK ABOUT YOU



A person of words and not of deeds is like a garden full of weeds.



Have
You
Been
Outside
Today?

How much time do you spend watching television, playing video games, using the computer, texting friends, or talking on the phone?

HOW CAN I HAVE
A CONVERSATION WITH YOU
WHEN YOU'RE CONSTANTLY
STARING AT YOUR IPHONE?

Better ask twice than lose
yourself once.



9



Listen to yourself
more often.

10

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Secrets

Cell phone use causes cancer.

Have a Coke
and a smile.

A good way to keep healthy is to
eat more Chinese food

final clearance

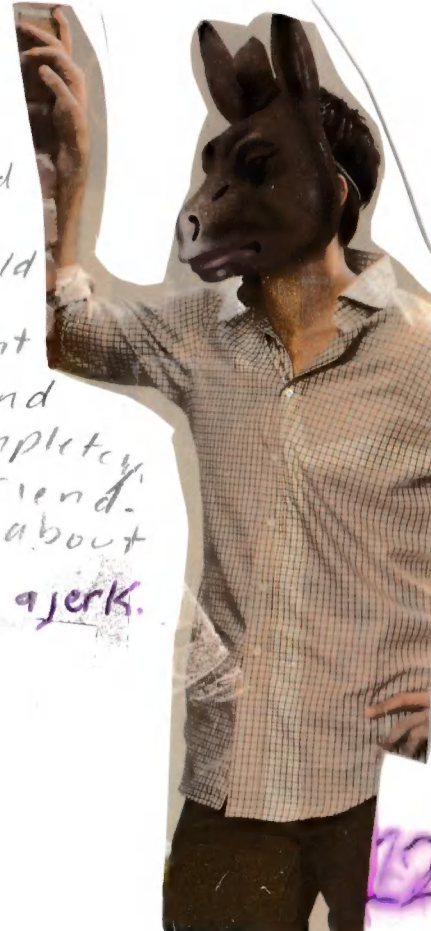
BUY

30% 20% 15% off
EVERYTHING

its like digging a hole
you cant get out
if we all fall in it

advice for ladies:

hello, nice to meet you
im going to hang out
with you for months and
get to know you some.
then Kiss you, and hold
your hand sometimes.
then i'll tell you i dont
know what i want and
stop talking to you completely.
I wont even be your friend.
because i dont care about
our Friendship. I'm a jerk.
Stop talking to me.



11

12

this is my attempt. my struggle.
to face myself.

have you ever went down a path that turned into a deep hole? I've got to climb out.... in case you haven't noticed... I've been sliding down this slope, and it only gets darker.... but my heart still pulls towards life....

to be a better ~~friend~~ friend

to be who I want
to know myself

to accept and love it

to not feel like a ghost or zombie walking around, please come out



"in my life, I have seen people walk into the sea - just to find memories - by constant misery - their eyes - plagued - Keep my eyes fixed on the sun - indeed - with eyes cast down - I'll turn back now - It's time for me to let go - a lot of people left around... shake me down... not"

the past 3 months have sucked. but they have sucked because I have been sulking in my winter blues. gotta shake this off. I refuse to let 2022 be a complete waste of a year. Which really just means I want to be less of a waste of a person. I cannot control any one else's actions - but my own. I am going to try harder - I know I can do better.

13



the next zine will be ^{full} of lots of poetry and art from lots of different people hopefully ☺ send me your art to put in the zine

at: 98 Douglas Ave
Chillicothe, OH 45601
zinesplease@yahoo.com

deadline:
March
14th 2022

14

branches sway ing in the wind



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